

Endocrine Surgery Comprehensive Board Exam Guide

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Gregory W. Randolph
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Editors

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 Springer

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To everyone involved in the surgical care of patients with endocrine gland diseases; to all endocrine, head and neck, otolaryngology, oncological, and general surgeons devoting their lives to cure patients with endocrine diseases; to those surgeons who are looking to obtain the highest level of certification in endocrine surgery; to our families, loved ones, and our children, supporting us and patiently waiting for us to complete this book; to our teachers, who taught us the science of medicine and surgery; and to all of our patients that we had the pleasure of taking care, we learned from them and presented some of their cases in this book.

Preface

- » To study the phenomena of disease without books is to sail an uncharted sea, while to study books without patients is not to go to sea at all. – William Osler

Every surgical subspecialty has been rapidly developing with the establishment of board certification. The Division of Endocrine Surgery (DES) of the European Board of Surgery has defined the curriculum for endocrine surgery to include thyroid, parathyroid, and adrenal and GEP-NET surgery, and handles accreditation in endocrine surgery. The first examinations in endocrine surgery in Europe were introduced in 2003. The main goal of these exams is to maintain a uniform and high standard of endocrine surgical professionalism across Europe.

This important book project, *Endocrine Surgery Comprehensive Board Exam Guide*, was completed with the expectation that it would benefit all European surgeons looking to be certified in endocrine surgery; additionally, surgeons from the United States and other non-EU countries will also benefit from this book when the Endocrine Surgery Board Exam is introduced in the United States or other non-EU countries.

Collaboratively publishing the first Endocrine Surgery Board Exam preparation manuscript, *Endocrine Surgery Comprehensive Board Exam Guide*, was a detailed process involving collaborative efforts of world leaders in endocrine surgery and the co-editors: Alexander L. Shifrin, MD, Director of Endocrine Oncology at Hackensack Meridian Health of Monmouth and Ocean Counties of New Jersey; Langenbeck's Archives of Surgery Journal, Guest Editor, Endocrine Surgery Section. Marco Raffaelli, MD, the Chairman of the Board of the Division of Endocrine Surgery (DES) of the European Union of Medical Specialists (UEMS); Gregory W. Randolph, MD, President of the American Academy of Otolaryngology Head and Neck Surgery 2016–2017; and Oliver Gimm, MD, the Chairman of the DES.

The book contains knowledge that is expected to be known for the board examination of the DES. In general, chapters start with a patient's case followed by questions. The subsequent comprehensive yet concise main text provides all the information needed and cites important references. The chapters end with the answers to questions. Each chapter is authored by experts in the field of endocrine surgery. Each chapter is written by a DES-certified endocrine surgeon, and some chap-

ters are co-authored with US endocrine or otolaryngology head and neck surgeons.

We hope that this book will be the main source of preparation for the endocrine surgery examination and will bring endocrine surgery to a higher level of expertise by helping to raise the standard of training for future endocrine surgeons.

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The creation of this textbook, covering the entire scope of endocrine surgery, was dependent on team effort, which was possible only with the support and enthusiasm of the many individuals who contributed to this book, and our colleagues who trusted us and dedicated their time and effort to make it happen, without whom this book would have never come to life!

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Diagnosis and Surgical Management of Parathyroid Carcinoma

Angelica Silva-Figueroa  and Nancy D. Perrier

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